

POST-ANAESTHETIC INSTRUCTIONS

Following general anaesthetic, 24 to 36 hours are required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

TRANSPORTATION FROM OFFICE

- Private automobile is preferred. Public transportation is not recommended.

FOOD AND BEVERAGES

- Clear liquids are advised for at least 6 hours and, after that, diet as tolerated.
- Do not drink alcohol in any form for 48 hours.

MEDICATIONS

- Resume normal medication as directed by physician after appointment.

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for 18 hours, or longer if drowsiness or dizziness persists.
- Do not operate an aircraft for at least 48 hours following general anaesthetic.
- Do not sign or enter into any legal contract for at least 24 hours.

PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify office.

PRE-ANAESTHETIC PATIENT INSTRUCTIONS

For the safe treatment of the patient, the following pre-anaesthetic instructions must be followed very carefully.

FOOD AND BEVERAGES

- It is essential that the stomach be empty at the time of the anaesthetic appointment.
- Do not eat any solid foods after midnight the night before the anaesthetic appointment.
- Do not drink anything, even water, for at least 4 hours before the anaesthetic appointment.
- Do not drink any alcohol prior to treatment.

MEDICATIONS

- Regular medication should be taken pre-operatively and in this case, a sip of water is permitted.

CLOTHING / CONTACT LENSES

- Wear loose casual clothing for the appointment (e.g., short sleeve tee shirt). Female patients should wear slacks.
- Do not wear jewelry, hair pins or make-up.
- Remove contact lenses before surgery.

SMOKING

- Refrain from smoking prior to treatment.

TRANSPORTATION

- Under no conditions can you drive yourself home. A responsible adult (excluding a taxicab driver) must pick you up after the appointment and accompany you home.
- Public transportation is not recommended.

CHANGE IN HEALTH STATUS

- If your general health deteriorates (e.g., cold, cough, fever, etc.), contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

***If you have any questions, please do not hesitate to ask them.
It is important that you understand the
circumstances surrounding this treatment.***